Is your child going for a blood test, needing an injection or infusion with medication?

The What? Why? Children in Hospital (WWCIH) charity makes videos to show you what happens in hospital. You could watch the videos alone or together depending on your child's age and ability. It can be helpful to watch the video with your child the day before, or on the morning of, the appointment.

www.wwcih.org.uk/anxious-blood-test
www.wwcih.org.uk/blood-test
www.wwcih.org.uk/injection-medication
www.wwcih.org.uk/infusion-biologics

Please note that the actual tests might vary from what is shown in the videos. Contact the hospital if you have concerns about your child's appointment.
SNAC is a parent led charitable organisation which supports and helps children with arthritis and their families through the provision of factual, practical and emotional support. What SNAC does ranges from simple phone support through to the organisation of local and national informative, fun and educational events. Their work is supported by the NHS Scottish Paediatric and Adolescent Rheumatology Network (SPARN). More information about SNAC, including their contact details, can be found on their website www.snac.uk.com.

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