

Is your child going to hospital for a Sleep Study?

The **What? Why? Children in Hospital (WWCIH)** charity makes videos to show you what happens in hospital. You could watch the videos alone or together depending on your child's age and ability. It can be helpful to watch the video with your child the day before, or on the morning of, the appointment.

wwcih.org.uk/sleep_study_cr
wwcih.org.uk/sleep_study_ps

Please note that the actual tests might vary from what is shown in the videos. Contact the hospital if you have concerns about your child's appointment.

what? why?

children in hospital

www.wwcih.org.uk facebook.com/wwcih

What? Why? Children in Hospital is a registered SCIO with charity number SC045436

